



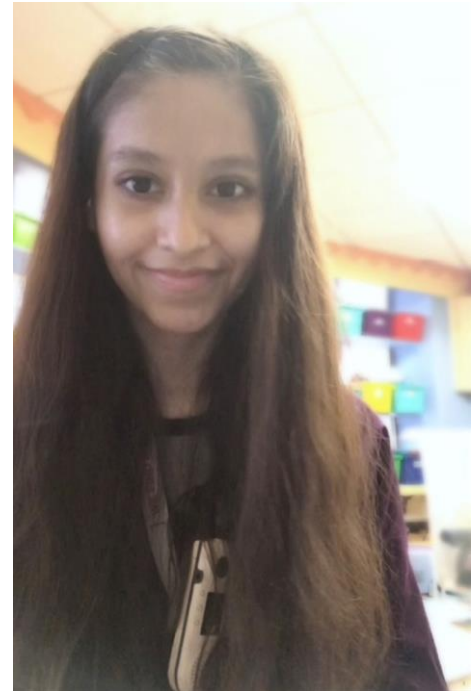
The Faris Foundation Art Therapy Fellowship Newsletter

The Child Life and Creative Arts Therapy Department

FALL 2022

Quarterly Update

This late summer, Faris Foundation Fellow, Rosemary, joined the Child Life and Creative Arts Therapy team at the Kravis Children's Hospital! Rosemary recently graduated from NYU'S Art Therapy program and is pursuing licensure in New York State. Through this fellowship, art therapy services are provided at bedside, in playrooms and in the Hematology and Oncology Clinic (Fridays and Mondays). This ensures continuity of care from inpatient to outpatient treatment. These art therapy services have been implemented to support patients and families with adjustment, coping, and emotional expression related to each individual experience.

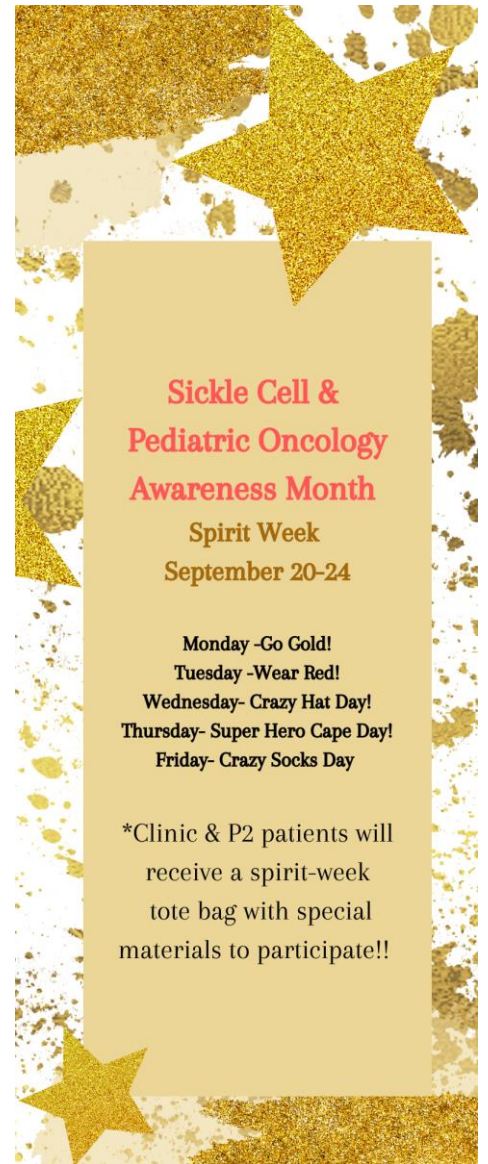


*In the first three months, the Farris Foundation Fellowship has provided nearly **100 individual sessions and 14+ groups.***



KZTV's Art with Rosemary

KidZone TV is Mount Sinai's closed circuit television show made for patient entertainment. Every Sunday afternoon our art therapy fellow, Rosemary puts on "Art with Rosemary". This program is dedicated to bringing thoughtful and therapeutic art making to as many rooms as possible. Patients are often invited to sit in as a live studio audience or call and text from the comfort of their room. In this show, Rosemary introduced a variety of weekly art interventions, from creating grounding stones to folding intricate paper hearts. Such activities promoted mindfulness, instilled hope and encouraged the development of positive coping skills to aid with relaxation and coping through stressful durations.



Let There Be GOLD!

Here at Kravis Children’s Hospital, our Hematology and Oncology patients share treatment teams and spaces.

The Faris Foundation generously donated all sorts of goodies that helped us bring awareness and joy to patients, caregivers and staff!

Sickle Cell & Pediatric Oncology Awareness Month

Spirit Week
September 20-24

- Monday -Go Gold!
- Tuesday -Wear Red!
- Wednesday- Crazy Hat Day!
- Thursday- Super Hero Cape Day!
- Friday- Crazy Socks Day

*Clinic & P2 patients will receive a spirit-week tote bag with special materials to participate!!

Clinic Group Spotlight

In September, our patients and families celebrated Pediatric Cancer Awareness Month with the color GOLD. The Faris Foundation (@thefarisfoundation) was so gracious to provide GOLD art kits, containing all the necessary materials to create customized medals and trophies. Art therapy fellow Rosemary, helped facilitate group sessions in clinic, gently guiding participants through this thoughtful intervention. Each medal was created with the intention to honor participant’s courage and bravery along their journey, and the trophies were dedicated to celebrating cherished loved ones.



We are thankful to our donors! The Creative Arts Therapy Fellowship is generously supported by *The Faris Foundation*